

Physical Education

Topic overview

Ball Skills - Feet 1



Year group: Reception

Term: Summer 2

The unit of work will enable pupils to explore moving with a ball using their feet. Pupils will develop their technique of dribbling the ball and understand where and why we dribble, keeping control.

Prior knowledge

Pupils will have explored different ways of using our hands to move with a ball, but not with their feet. Children will have developed their team work skills and are beginning to support and encourage each other. Children also know how to take turns and understanding why it is important to follow rules.

EYFS Framework:

Physical Development ELG: Gross Motor Skills -

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.



By the end of this unit, I will be able to:

Doing - Pupils will develop their ability to dribble the ball keeping control. Pupils will move the ball into spaces avoiding any defenders.

Thinking - Pupils will apply developing concentration skills as they focus on the ball and listen to all the instructions.

Team work - Pupils will develop life skills such as fairness and empathy as they encourage and support each other.

Trying - Pupils will apply their skills with developing success as they demonstrate courage and self-belief to keep working as hard as possible.

Key vocabulary

- Kick
- Feet
- Outside
- Inside
- Pass
- Dribble
- Control